

Folk Dance Federation of California  
 Research Committee: Omega Graham,  
 Mildred Coburn, Dorothy Tamburini

TANT' HESSIE  
 (South Africa)

Tant' Hessie -- Aunt Esther's White Horse, a recreation dance from South Africa, was presented at the University of the Pacific Folk Dance Camp by Huig Hofman of Antwerp, Belgium in 1962.

Music: Record: Folkraft 337-006B, band 2. 2/4 meter.

Formation: Cpls in double circle, ptrs facing about 4 ft apart, M back to ctr.

Steps and Styling: Walking step\*, buzz turn (tikiedraai)\*, dos-a-dos\*. Walk with light, springy steps, wt fwd over ball of ft; heels barely touch floor. Hands hang naturally at sides and swing easily fwd and bkwd with motion of ft and body.

\* Described in Volumes of Folk Dances from Near and Far, published by Folk Dance Federation of Calif., Inc., 1275 "A" Street, Room 111, Hayward, CA 94541.

Meas

Pattern

1-8 INTRODUCTION. (No action.)

I. ADVANCE AND RETIRE.

- 1-2 Both begin L. Walk fwd twd ptr with four steps, closing on fourth step. Form single circle, R shldrs adjacent. Nod to ptr.
- 3-4 Walk bkwd to place with four steps, closing on fourth step.
- 5-6 Repeat action of meas 1-2, to form single circle with L shldrs adjacent.
- 7-8 Repeat action of meas 3-4.

II. DOS-A-DOS.

- 1-4 With eight walking steps, dos-a-dos: pass R shldrs with ptr.
- 5-8 Repeat action of meas 1-4 (Fig. II): pass L shldrs with ptr.

III. SWING WITH PTR. (W place both hands on M shldrs, M place R hand on W waist, L hand on her upper R arm.)

- 1-8 With buzz turn (tikiedraai), swing slowly CW. (Note: If danced by children, an elbow turn may be used.) On completion of swing, ptrs separate to reform double circle facing each other.

Each progress to person at L on first walk. fwd, (Fig. 1, meas 1-2) to repeat dance with new ptr.

Presented by Grace Nicholes